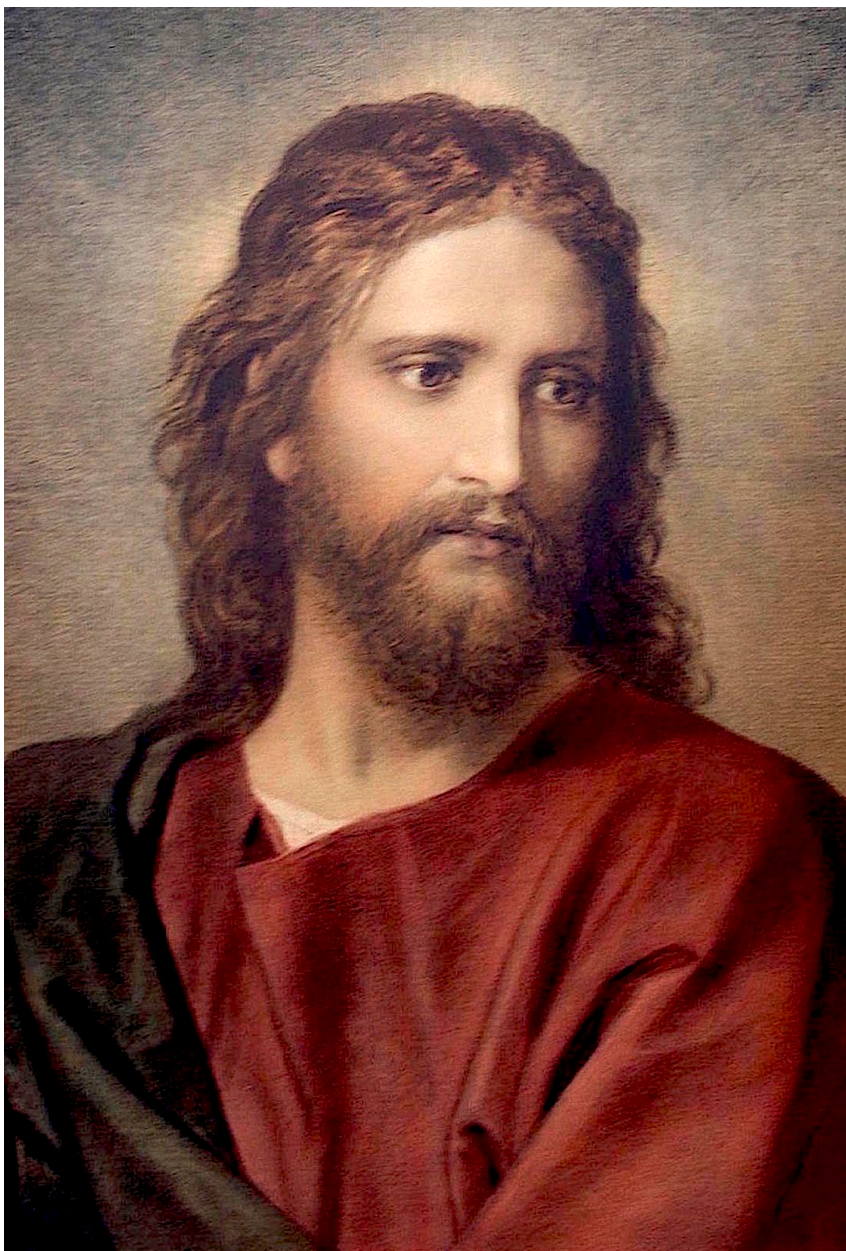


CONFIRMATION PREP YEAR 1 HANDBOOK 2025-2026



SAINT MICHAEL THE ARCHANGEL
CATHOLIC CHURCH
Confirmation Prep Year 1 Handbook

Breathe in me, O Holy Spirit, that my thoughts be holy. Act in me, O Holy Spirit, that all I do may be holy. Draw me in and open wide my heart to your love. Strengthen me, O Holy Spirit, to defend all that is holy. Guard me then, O Holy Spirit. Guide me now that I may be holy, always wholly yours.
St. Augustine

CONFIRMATION PRAYER

GOD, OUR FATHER, WE ASK YOU TO BLESS ALL CANDIDATES
WHO ARE NOW PREPARING TO RECEIVE THE SPIRIT OF YOUR
LOVE IN THE SACRAMENT OF CONFIRMATION. MAY THE
GIFTS WITHIN EACH ONE BE TOUCHED BY YOUR HOLY
SPIRIT AND BECOME BLESSINGS FOR OUR PARISH
FAMILY. BLESS, TOO, OUR PARENTS, OUR
SPONSORS, OUR TEACHERS AND CATE-
CHISTS, AND ALL THOSE WHO
HAVE BEEN THE REFLECTION OF
YOUR SON'S LOVE FOR US.
THIS WE ASK THROUGH
CHRIST, OUR LORD.
AMEN.



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PARISH INFORMATION

Faith Formation Office | Phone Number (770) 516-9699 Ext. 235

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Weekend Mass Times

Saturday Vigil: 5:00pm
Sunday: 7:30am; 9:00am; 11:00am;
12:45pm; 2:30pm (Español); 5:30pm
(LifeTeen)

Eucharistic Adoration

Tuesday 9:30am-Saturday 9:00am in the
Adoration Chapel

Sacrament of Confession

Wednesdays: 5:00pm
Saturday: 9:30am

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IMPORTANT DATES

Item	Due Date
Confirmation Retreat	October 4, 2025 – 7:45am to 6:00pm Includes Rite of Welcoming. Parents and Sponsors are requested to attend to attend Mass at 5:30pm
Sponsor Certification Form Due	October 31, 2025
Saint Report/Saint Name Due	January 4, or 7, 2026
2025-2026 Registration Begins	March 1, 2026 Register for Year 2 in the same day/time in order to stay with the same small group.
Service Journals Due	April 12, or 15, 2026
Confirmation Competition	April 26, 2026

www.saintmichaelcc.org All forms are on the website.

To access the Confirmation, Documents & Forms, & Service pages: go to the website and click on the following tabs: Faith Formation/ Children-Teen Faith Formation/Confirmation Prep Info then choose Confirmation Prep Forms & Documents –or– Service Opportunities –or– Service Sign-ups
The Service Sign-ups page requires a password: SMAserve2015

Access to CHOSEN videos: You will have access to all the CHOSEN videos. Please watch the videos so you can discuss the topics with your teen. You'll also need this to make-up missed classes. Please only set-up one access per family. Please share your username and password with your teen.

To access the videos go to our website via this link and click on the YEAR ONE video access document.

<https://www.saintmichaelcc.org/confirmation-prep-resources>

Or: go to www.saintmichaelcc.org-Faith Formation-Children's Teen Faith Formation-Confirmation Prep-Conf Prep Forms and Documents

WHAT IS CONFIRMATION?

“Confirmation (from the Latin confirmation=strengthening, consolidation): Confirmation, like Baptism and the Eucharist, is one of the three sacraments of initiation of the Catholic Church. As the Holy Spirit descended upon the disciples who were gathered on Pentecost, so the Holy spirit comes to every baptized person for whom the Church requests the gift of the Holy spirit. It secures and strengthens him to be a living witness to Christ.” YOUCAT

~~~~~  
*“Confirmation is the Sacrament that completes Baptism; in it the gift of the Holy Spirit is bestowed upon us. Anyone who freely decides to live a life as God’s child and asks for God’s Spirit under the signs of the imposition of hands and anointing with chrism receives the strength to witness to God’s love and might in word and deed. He is now a full-fledged, responsible member of the Catholic Church.”*

When a coach sends a soccer player onto the playing field, he puts his hand on his shoulder and gives him final instructions. We can understand confirmation in a similar way. A hand is placed upon us. We step out onto the field of life. Through the Holy Spirit we know what we have to do, and we have been given the power to do it. He has motivated us. His mission resounds in our ears. We sense his help. We will not betray his trust or disappoint him; we will win the game for him. We just have to want to do it and listen to him.” YOUCAT 203

### ***“What happens in Confirmation?”***

*In Confirmation the soul of the baptized Christian is imprinted with a permanent seal that can be received only once and marks this individual forever as a Christian. The gift of the Holy Spirit is the strength from above in which this individual puts the grace of his Baptism into practice through his life and acts as a “witness” for Christ.*

To be confirmed means to make a “covenant” with God. The confirmand says, “Yes, I believe in you, my God; give me your Holy spirit, so that I might belong entirely to you and never be separated from you and may witness to you throughout my whole life, body and soul, in my words and deeds, on good days and bad.” And God says, “Yes, I believe in you, too, my child-and I will give you my spirit, my very self. I will belong entirely to you. I will never separate myself from you, in this life or eternally in the next. I will be in your body and your soul, in your words and deeds. Even if you forget me, I will still be there-on good days and bad.” YOUCAT 205

*Come, Holy Spirit.  
Come – when I am faced with temptation.  
Come – lead me to Your service.*

*Come, Holy Spirit, and share my joy.*

# REQUIREMENTS

St. Michael's Confirmation Preparation Program is a two-year commitment. Confirmation is conferred in the Spring of the second year of the program.

## THE PRECEPTS OF THE CATHOLIC CHURCH:

- You shall attend Mass on Sundays and Holy days of Obligation
- You shall confess your sins at least once a year.
- You shall humbly receive the Lord Jesus in Holy Communion at least during the Easter season.
- You shall observe the Holy Days of Obligation.
- You shall observe the prescribed days of fasting and abstinence.
- The faithful have the obligation of supporting the Church.

The Precepts of the Catholic Church are a description of the absolute minimum actions required of Catholics regarding the Church.

The Church uses these precepts to remind us that Christian life requires a commitment to prayer and active participation in the liturgy and sacraments. If we fall below this bare-minimum level, we can't rightly consider ourselves to be in full communion with the Catholic Church.

Each of these precepts of the Catholic Church is a requirement. Together with the Ten Commandments, they represent the minimum level of moral living. Intentional violation of the precepts or the Commandments is a grave matter, meaning a mortal sin.

**Holy Sacrifice of the Mass** – Candidates are expected to attend Mass each week and on Holy days of Obligation as set forth by the Precepts of the Catholic Church.

**Attendance** at all classes and special functions is required. An attendance of 85%, no more than 5 absences, is required in both years. After three absences the Candidate and parents will meet with the DFF to discuss their commitment to the program.

Class work and assignments missed due to an absence: complete the Missed class form with parent and return to the Catechist within two weeks of the missed class.

**Retreats:** There is a retreat each year. Attendance is mandatory each year.

**Service Opportunities/Works of Mercy:** 3 each year; total of 6. – Over the course of the year, the candidate is asked to devote time to 3 service opportunities to help others and to write an account of this experience using the Confirmation Service Journal form. Please refer to the Works of Mercy section of this handout for more information.



The following items are due by the DEADLINE date on the calendar. Please be sure that all pages are complete and all required paperwork is completed before presenting to your Catechist. Catholic School and Home School submit items to the DFF, Faith Formation Office.

**Sponsor Certification form:** Choose a Sponsor and have the Sponsor complete, sign this form, and if not a St. Michael's parishioner- have their Pastor sign the form.

**Saint Report:** Choose a Saint/Confirmation Name and write a saint report on your chosen name

**Candidate Commitment** – The candidate and parents sign the Candidate Commitment agreeing to participate fully in the program.

**Tardiness:** Candidates are expected to be on time for all classes and special functions. Tardiness is a sign of disrespect to the Catechists and fellow class Candidates. If Candidates' tardiness causes the class to start late, the Catechists will extend the class time accordingly. Habitual tardiness will count towards missed classes.

**Complete homework assignments:** Candidates are expected to come to class prepared by reading the Chapter assignment for the week and completing all other assignments. Each Chosen lesson contains a "Taking It Home" section that reinforces what was learned in class and what will be covered in the "Review Game" the following week.

**Doing the "Challenge of the Week":** Each week, candidates will complete a personal challenge that will help them apply that week's material to their own lives.

**Disciplinary Policy:** Good behavior is expected. For serious misbehavior, parents will be contacted and asked to meet with the Director of Faith Formation to discuss if the Candidate is likely to be ready to receive the Sacrament of Confirmation with the class.

Cell phone use during class is prohibited unless being used at the request of the Catechist for class activity. Catechists may "collect" phones, ear buds, etc. at the beginning of class if needed.

**Dress:** Please ensure you are properly and modestly dressed. Please respect our Church and Catechists: no spaghetti straps, no bare midriffs, no plunging necklines, shoulders should be covered, only knee length shorts- no "short-shorts", no t-shirts with profanity or inappropriate pictures, no hats, hoods, or sunglasses, no cleats or flip-flops.

**Correspondence:** All correspondence will be done via the parent's email.

It is important that you keep us updated on any changes to your email.

Flocknote is used by the parish. Please do not unsubscribe as you will no longer receive any emails from St. Michael's including the Confirmation Prep emails. If you unsubscribe you will need to "re-subscribe" on your own.

Each catechist will be able to communicate with their small group, including parents. The catechist cannot communicate with individual students.

**Age:** Students for the first year should be in 9th grade and should be no older than 17 at the start of the year.

**Curriculum:** Keep the “Chosen” textbook for two years.

Year 1: “Chosen” textbook-provided, YD-True Beauty/True Strength -workbook provided

Year 2: “Chosen” textbook (from Year 1), Altaration- workbook provided

## SAINT REPORT/SAINT NAME

### **My Saint/Confirmation Name – Sharing the Story of Your Saint**



The tradition of taking on a new name to show a new rule can be traced back to the Old Testament. When Abram was called to lead his people to believe in the one God, his name was changed from Abram to Abraham, "Father of many nations". Again, in the New Testament, we find Simon's name changed to Peter, meaning "rock", because he was to become the rock upon which Jesus founded his Church.

Now that you are about to be confirmed, it is time to choose the name you will take as a sign of your growth in faith.

A name identifies you in a unique way, not just your physical self, but who you are as a person. One of the traditional practices in the Church at the time of Confirmation is choosing a name that will remind you of this sacrament. Your prayerful reflection will help you determine that name. You might want to recommit yourself to your Baptismal name since it expresses the relationship that exists between these two sacraments, especially after you reflect on its meaning and discover some of the people who shared your name in Christian history. You might want to choose the name of a saint who represents the type of Christian you wish to be. It is important to learn as much as you can about your patron saint. After all, you are asking this saint to be your friend and advocate for the rest of your life. Whether you decide to stay with your Baptismal name or pick a new name, take the time to research and explore the root meaning of the name, for as Scripture says "God calls each of us by name." If you choose your Baptismal name, that is the saint you will write your report on.

- Step 1: Find a list of canonized saints in the Roman Catholic Church by reading a book or doing online research. Saints are people who have lived holy lives and are now in heaven as members of the Church Triumphant. Their life stories provide examples for others on how to overcome spiritual obstacles on Earth. If searching the internet be sure to search on "Catholic saints". A "Blessed", not yet canonized a saint, may be used.
- Step 2: Pray to the Holy Spirit, and ask Him for help in finding a saint whose life you'd like to imitate. This saint will be bonded with you spiritually, and in essence becomes your heavenly patron who intercedes for you before God.
- Step 3: Narrow your selection to two saints. One of them will be your new Confirmation name. Think about the specific virtues those saints exhibited, such as patience, perfection, diligence, humility, mortification, meekness, obedience, prayer, charity or simplicity. Find a virtue that connects with you.
- Step 4: Consider the one or two special stories told about those saints on your "short" list to help you find a spiritual connection. For example, St. Maximilian Kobe gave up his life for another person's life in a German concentration camp during World War II, and so showed the virtue of selflessness. St. Francis, a spiritual leader who founded a religious order, led a simple life of poverty and greatly loved animals.
- Step 5: Take your list of two saints to a family member or friend who is a practicing Catholic. Talk about the saints' lives with that person, and discuss what attracts you spiritually to these holy people.
- Step 6: Select your Confirmation name, and inform your family and friends. Get used to it by saying it over and over again in your mind. Practice writing it as part of your full name.
- Step 7: Before you are confirmed, pray to the saint whose name you will be using as your Confirmation name. Ask this saint to intercede for you, to help you make the right moral choices, and overall to be a powerful spiritual guide the rest of your life.
- Step 8: Find, print out or buy pictures, holy cards, statues and books associated with your Confirmation's namesake. These visual reminders of your saint will help you reflect upon his or her unique virtues.



# GUIDELINES FOR SAINT REPORT

**Assignment:** Write a report on the saint you have chosen.

**Length & Typeface:** Minimum of two pages, maximum of three pages.  
Single-spaced, 12 point font; should not be handwritten unless necessary.

## Contents:

At the top of your report please include your full name, class day and time, catechist name.

Retype each of the following before answering.



1. The saint I chose to pray to and imitate in my preparation for Confirmation is:  
(be sure to use the saint's COMPLETE name.....ie. St. Francis of Assisi; there may be many saints with the same first name, so specify!)
2. Write a summary of your saint's life story. (minimum of five paragraphs of 4-6 sentences each)
  - what point in history did this saint live?
  - where did this saint live?
  - what difficulties and struggles did this saint encounter?
  - how did this saint follow Jesus in the way he or she lived?
  - how did this saint become holy?
  - how did this saint die?
3. Why did you choose this saint, why are they meaningful to you? (min. of 5 sentences)
4. What event in the life of this saint most impressed you? Why? (min. 6 sentences)
5. What special virtues did this saint have and how did she/he demonstrate this?  
(min. 6 sentences)
6. How could you imitate this saint today? Be specific! (min. 5 sentences)
7. When was this saint canonized or beatified by the Catholic Church? Does your saint have a feast day? If so, what is the date?
8. If your saint is a patron saint, what of?

FYI: Other Christian denominations also have saints but may not be recognized by the Catholic Church. When using the internet be sure the website you are using is Catholic. Below are several Catholic websites.

## ROMAN CATHOLIC SAINT WEBSITES

- <http://www.catholic.org/saints/>
- <https://www.ewtn.com/catholicism/saints>
- <http://www.saintsresource.com>
- <https://hallow.com/blog/patron-saints/>
- <https://lifeteen.com/biggest-best-list-confirmation-saints-guys-girls/>
- <https://www.roman-catholic-saints.com/>

**\*\*\*\*\*KEEP ONE COPY OF YOUR SAINT REPORT. You will need it during class and as a refresher prior to Confirmation Mass at which time you will probably be asked about your saint.**  
**\*\*\*\*\*GIVE A COPY TO YOUR CATECHIST.**

## SELECTING A SPONSOR

### **Archdiocese of Atlanta Qualifications of a Confirmation Sponsor:**

(These requirements are aimed at making sure that a sponsor is more mature, informed, and experienced in the ways of our faith and culture than the candidate).

- A sponsor assists the person, who is to receive Confirmation, to lead a Christian life
- There may be only one male or female sponsor
- A sponsor must have completed his or her 16<sup>th</sup> year
- A sponsor must have received the Sacraments of Baptism, Confirmation and Eucharist
- A sponsor must be a practicing Catholic
- A sponsor must be free of any canonical penalty
- A mother or father may not be a sponsor for their child

1983 CIC c. 872-874 and 892-893; Compiled Policies no 1.5.

The sponsor has an important role in Confirmation-supporting the candidate and the candidate's parents as the candidate prepares for Confirmation.

### **Qualities of a Sponsor:**

- Already has a relationship of trust with the candidate
- Is willing to regularly interact with the candidate as he or she prepares to celebrate Confirmation and to help the candidate grow in his or her understanding of the faith
- Is prepared to accompany the candidate on his or her faith journey after Confirmation
- Is willing to participate in service projects with the candidate
- Is an older friend or relative in whom the candidate can confide
- Is willing to share their own faith experiences, including struggles they may have encountered on their faith journey

#### NOTES:

- "Candidate": the person (teen) preparing to be Confirmed
- If your Confirmation Sponsor is unable to attend the Confirmation Mass, a proxy (a parent or other adult) may attend instead.

**Please have your Sponsor complete the Sponsor Certification Form (previous page).**

**Please return this form to your Catechist (teacher) or  
the Faith Formation Office by October 31, 2025.**



**St. Michael the Archangel Roman Catholic Church**  
490 Arnold Mill Road, Woodstock, Georgia 30188, Phone: 770-516-9699 **Fax: 770-516-4664**  
Email: [kpartida@saintmichaelcc.org](mailto:kpartida@saintmichaelcc.org)

## SPONSOR CERTIFICATION FORM FOR CONFIRMATION

**Please print:**

I, \_\_\_\_\_, have been asked to be a sponsor for \_\_\_\_\_.  
I understand and accept the responsibility that I undertake as a sponsor, and I promise to be a support and example in his/her effort to live a life according to the teachings of the Catholic Faith.

Sponsor's Name (Please print): \_\_\_\_\_

Sponsor's Email: \_\_\_\_\_

Sponsor's Address (Street/City/State/Zip): \_\_\_\_\_

Sponsor's Cell Phone #: \_\_\_\_\_

Relationship to Candidate: \_\_\_\_\_

Sponsor: I am a registered and participating member of the following Parish: \_\_\_\_\_

Sponsor's Parish: Address (Street/City/State/Zip): \_\_\_\_\_

Sponsor's Parish: phone #: \_\_\_\_\_

Sponsor: I affirm that:

- I am not the parent of the above-mentioned teen.
- I am a practicing Roman Catholic who has celebrated the Sacraments of Initiation: Baptism, Confirmation, and Eucharist.
- I attend the Holy Sacrifice of the Mass on Sundays and Holy Days of Obligation.
- I am free from all Canonical impediments.
- If married: I am validly married according to the norms of the Catholic Church.
- If unmarried: I am not living with another person in a romantic relationship or as a couple.
- I participate in the life of my parish.
- I am at least 16 years of age.

\_\_\_\_\_  
Sponsor's Signature

\_\_\_\_\_  
Date

### Certification by the Sponsor's Pastor

*(Only required if Sponsor is not a registered St. Michael the Archangel parishioner).*

I certify that, to the best of my knowledge, this person is capable of assuming the duties and responsibilities of a sponsor.

Parish Seal

\_\_\_\_\_  
Pastor's Signature

\_\_\_\_\_  
Date

**(Sponsors: Please return this form to the candidate (teen) or have your parish office fax or email it to the RE Office – numbers/email listed at top of form). This form is due by October 31, 2025.**



## LIVING OUR FAITH/SERVICE PROGRAM

### Works of Mercy:

*Feed the Hungry and Give Drink to the Thirsty  
Clothe the Naked and Shelter the Homeless  
Visit the Sick and Those in Prison  
Instruct the Ignorant and Convert Sinners  
Comfort the Afflicted and the Sorrowful*

*"For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me.  
Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me." Matthew 25:35-36;40*

*"Works of mercy are charitable actions by which we come to the aid of our neighbor in his spiritual and bodily necessities." CCC 2447*

*"Christ has no body on earth but yours,  
No hands but yours,  
No feet but yours.  
Yours are the feet with which  
He goes about doing good,  
And yours are the hands with which  
He is to bless us now."  
-St. Theresa of Avila*

When we receive the Holy Spirit in the sacrament of Confirmation we are strengthened in a special way that helps us spread and defend our faith. One way of spreading our faith is in our actions-what we say and do in our parish and community. Our visible service to those in our communities-school, parish, neighborhood, and the greater community-is a reflection of our faith, our love for our Lord Jesus Christ.

In this time of preparation, each student of Confirmation is expected to give some form of service to their parish and communities. To be a mature Christian means not only to "know" one's faith, but to also accept the responsibility of acting in the name of Jesus Christ in our community. Service is an integral part of our life-long faith formation. Our hope is that by participating in the program each student will "step out of their comfort zone" and truly perform Works of Mercy.



## **Service Guidelines: EACH YEAR: 3 SERVICE OPPORTUNITIES**

- **Every year: Participate in 3 parish provided or other works of mercy service opportunities**
- Serve others free of charge.
- You may work by yourself or with others.
- Parents are encouraged to serve with their teens.
- Each opportunity should be a minimum of 2 hours.

### **Record Keeping:**

- Candidates are to complete a Service Form for each activity.
- Give the completed form to your catechist.
- A Service Year begins June 1 and ends May 31 the following year.
- Service done the summer before you began Confirmation Prep Year 1 may be included.

## **Works of Mercy List:**

The following is not a complete list but an example of the type of service that falls into the different categories. Use this as a guide.

### ***Feed the Hungry and Give Drink to the Thirsty***

St. Michael's *Soup for the Soul*—cook and deliver a meal to a parishioner

Life Teen Food Baskets— Personally deliver food baskets to families in our community.

Hunger Walks

Atlanta Community Food Bank

Atlanta Union Mission

MUST Ministries

### ***Clothe the Naked and Shelter the Homeless***

Catholic Charities

St. Vincent de Paul store

Habitat for Humanity

St. Michael's House

Homestretch

### ***Visit the Sick and Those in Prison***

Assisted Living Facilities

Meals on Wheels

Nursing Homes

Hospitals

### ***Instruct the Ignorant and Convert Sinners***

PSR Teen Aide

Eucharistic Congress-volunteer in children's session

Programs for Disadvantaged Candidates

Tutoring those with disabilities

### ***Comfort the Afflicted and the Sorrowful***

Outreach programs to the Armed Forces

Special Olympics

Georgia Right to Life, March for Life

Mission Trips, Ronald McDonald House

## **PARISH/COMMUNITY SERVICE OPPORTUNITIES**

VBS Volunteer

Choir

Serve at Senior Luncheons

Parish Work Days

Knights of Columbus Tootsie Roll Drive

Altar Server

Help with activities at parish picnic

Work in Faith Formation office

Work in Prayer Garden weeding, trimming, etc.

Juvenile Diabetes Walk

### **Activities **Not** Considered Service:**

- Anything for which you are paid
- Babysitting for friends or relatives.
- Anything that is expected of you because you are part of a family.
- Anything that is expected of you because you are part of a team, school play...
- Activities serving our furry four-legged friends.

**Note to Catholic School Students:** If your school has a service program your requirements for St. Michael's are fully met. Submit a copy of your school's service forms to the Faith Formation office.

# CONFIRMATION SERVICE JOURNAL

"Whoever serves me must follow me, and where I am, there also will my servant be. The Father will honor whoever serves me." -John 12:26

Student's Name: \_\_\_\_\_

Service/Project Name: \_\_\_\_\_

Date: \_\_\_\_\_ How much time did you spend?: \_\_\_\_\_

What did you do?: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Who went with you? \_\_\_\_\_

Whom did you serve? \_\_\_\_\_

Did you find this easy or hard to do (and why)? \_\_\_\_\_

\_\_\_\_\_

How did doing this type of work of service make you feel? \_\_\_\_\_

\_\_\_\_\_

How does this work of service relate to Matthew 25:31-46? \_\_\_\_\_

\_\_\_\_\_

What did you learn about yourself in doing this kind of service? \_\_\_\_\_

\_\_\_\_\_

Would you do it again in the future (and why or why not)? \_\_\_\_\_

\_\_\_\_\_

Does this service fall under any of the Works of Mercy? \_\_\_\_\_ (Y/N)

If Yes, which one and why: \_\_\_\_\_

\_\_\_\_\_

My participation in this service project has helped me to understand that...

\_\_\_\_\_

\_\_\_\_\_  
Student's Signature

\_\_\_\_\_  
Adult Supervisor's Signature

Rev. 2/19

# CONFIRMATION SERVICE JOURNAL

"Whoever serves me must follow me, and where I am, there also will my servant be. The Father will honor whoever serves me." -John 12:26

Student's Name: \_\_\_\_\_

Service/Project Name: \_\_\_\_\_

Date: \_\_\_\_\_ How much time did you spend?: \_\_\_\_\_

What did you do?: \_\_\_\_\_

\_\_\_\_\_

Who went with you? \_\_\_\_\_

Whom did you serve? \_\_\_\_\_

Did you find this easy or hard to do (and why)? \_\_\_\_\_

\_\_\_\_\_

How did doing this type of work of service make you feel? \_\_\_\_\_

\_\_\_\_\_

How does this work of service relate to Matthew 25:31-46? \_\_\_\_\_

\_\_\_\_\_

What did you learn about yourself in doing this kind of service? \_\_\_\_\_

\_\_\_\_\_

Would you do it again in the future (and why or why not)? \_\_\_\_\_

\_\_\_\_\_

Does this service fall under any of the Works of Mercy? \_\_\_\_\_ (Y/N)

If Yes, which one and why: \_\_\_\_\_

\_\_\_\_\_

My participation in this service project has helped me to understand that...

\_\_\_\_\_

\_\_\_\_\_  
Student's Signature

\_\_\_\_\_  
Adult Supervisor's Signature

Rev. 2/19

# CONFIRMATION PREP MAKE-UP FORM FOR MISSED CLASSES

(Catechists: complete this form and hand out or email to your student to complete).

CATECHIST NAME: \_\_\_\_\_

CANDIDATE NAME: \_\_\_\_\_

Date of class missed: \_\_\_\_\_

Lesson/Chapter missed: \_\_\_\_\_

DATE DUE: \_\_\_\_\_

DATE SUBMITTED: \_\_\_\_\_

Catechist's assignment for that week (if any):

- 
1. Read through the chapter.
  2. Complete and document the following from the chapter:
    - a. See the Video Access Instructions document found on the website under Confirmation Prep Forms. This will explain how to access the online videos and digital workbook.  
<https://www.saintmichaelcc.org/confirmation-prep-resources>
    - b. View the videos with your parents.
    - c. Pick a Challenge of the Week and complete it. Write down your experience, as indicated on that page.
    - d. Complete the Taking It Home section.
    - e. Review "What's That Word?"
    - f. Review "Any Question?"
  3. Parents: using your Parent Guide:
    - a. Read the lesson overview.
    - b. Have a conversation with your teen using the Conversation Starters. (Teen- write down some of the ideas, topics discussed. Use the back of this page).
    - c. Please sign below - indicates your teen has completed all the make-up items.
  4. Complete any other items that your catechist assigned.
  5. Hand in this paper to your catechist within two weeks of your missed class.

Parent Signature: \_\_\_\_\_

[illegible]

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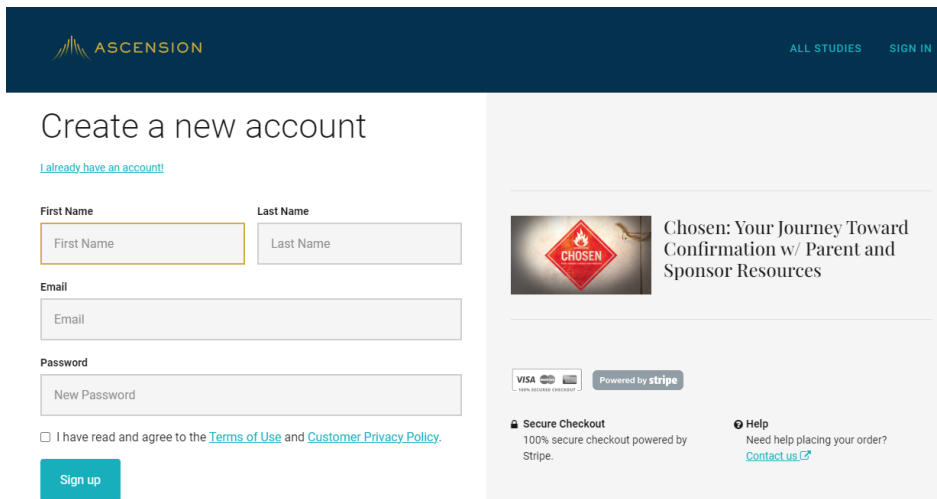
## Confirmation Prep Year 1 25/26

### 2025/26/27 ACCESSING *CHOSEN* VIDEOS

Each family only gets ONE account per study, so please only use this link once. You will have access to the videos for two years.

[https://ascensionpress.thinkific.com/enroll/2002264?th\\_ug=b766a14f&th\\_c=saulonateperezchosen2sp2023](https://ascensionpress.thinkific.com/enroll/2002264?th_ug=b766a14f&th_c=saulonateperezchosen2sp2023)

COPY the *CHOSEN* link above and paste it in your browser.

The screenshot shows the 'Create a new account' page for Ascension Chosen. The page has a dark blue header with the 'ASCENSION' logo and 'ALL STUDIES SIGN IN' links. The main content area is white and contains a form with fields for 'First Name', 'Last Name', 'Email', and 'Password'. Below the form is a checkbox for 'I have read and agree to the Terms of Use and Customer Privacy Policy.' and a 'Sign up' button. To the right of the form is a promotional banner for 'Chosen: Your Journey Toward Confirmation w/ Parent and Sponsor Resources' featuring a red diamond logo with the word 'CHOSEN' inside. Below the banner are logos for 'VISA', 'MasterCard', and 'Powered by stripe'. At the bottom right, there is a 'Secure Checkout' section with a '100% secure checkout powered by Stripe.' message and a 'Help' section with a 'Need help placing your order? Contact us' link.

If you have an account click on the blue "I already have an account".

Otherwise, create an account.

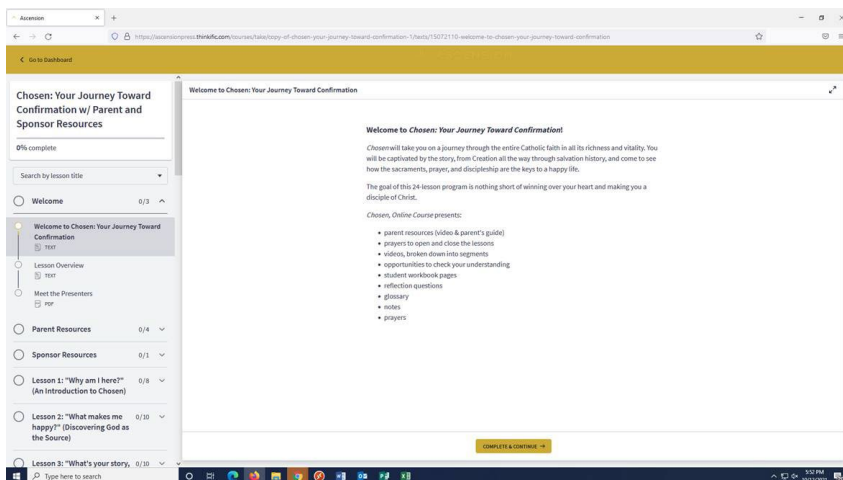
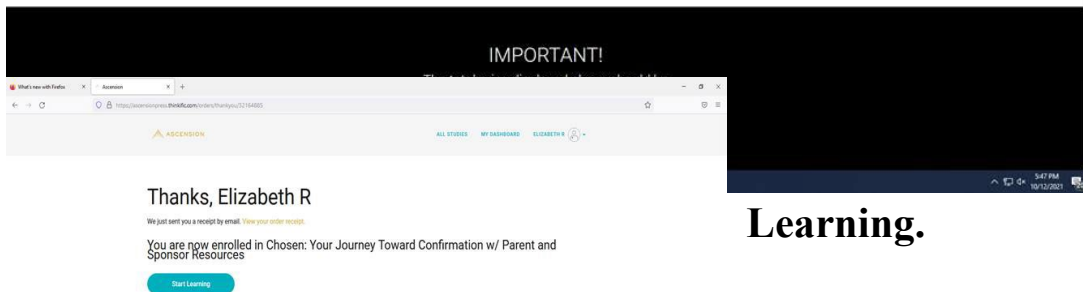
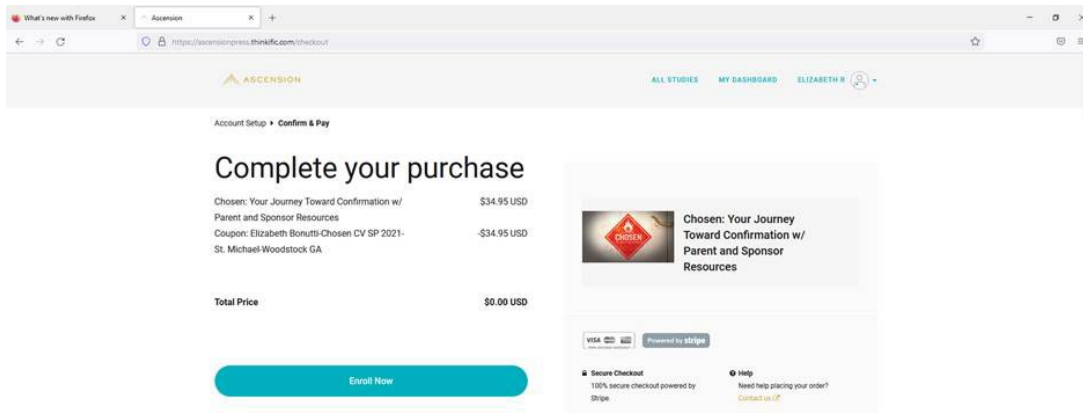
Once you log in, you should see this screen:

Please note that after creating a password, the registration is completed when you click on "complete your purchase," but you do not need to pay for access, the amount due will be ZERO.

**Click on  
ENROLL NOW**

**Then you'll see  
the screen below.**

**Click on Start  
Learning.**



**The lessons and videos are on the left. Now you will be able to view the study videos, as well as the digital workbooks, through the online platform called Thinkific.**

## **True Beauty, True Strength Videos:**

### **True Beauty**

Study 1: The Heart of a Woman

Study 2: Passion and Purity

Study 3: Broken Healed Holy

Study 4: Sisterhood

### **True Strength**

Study 1: The Heart of a Man

Study 2: Strength & Discipline

Study 3: Every Man's Battle

Study 4: Band of Brothers



|                                                                                                                                        |                                                                |               |                                                                                         |                                                                                                                                     |                |
|----------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------|---------------|-----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>CONF PREP 1</b>                                                                                                                     |                                                                | 6/23/2025     | <b>LESSON SEQUENCE-<u>Candidate</u></b>                                                 |                                                                                                                                     | <b>2025-26</b> |
| <b>SUNDAY</b>                                                                                                                          |                                                                |               | * = CLASS, but No lesson assigned;review or catch-up or liturgical year activities,etc. |                                                                                                                                     |                |
| <b>Date</b>                                                                                                                            |                                                                | <b>LESSON</b> | <b>CP YR1- Lessons 1-11</b>                                                             |                                                                                                                                     |                |
| <b>August</b>                                                                                                                          |                                                                |               |                                                                                         |                                                                                                                                     |                |
| <b>17</b>                                                                                                                              | 1st Class                                                      | *             | <b>"IGNITE"---meet in Family Center (don't meet in classroom)</b>                       |                                                                                                                                     |                |
| <b>24</b>                                                                                                                              |                                                                | *             | <b>"Getting to Know You Lesson Plan"</b>                                                | Parent Meeting during class in Family Center in English; Parent meeting in Spanish on Thursday, September 4th from 6:30pm to 8:00pm |                |
| <b>31</b>                                                                                                                              | <b>No Class-Labor Day</b>                                      |               |                                                                                         |                                                                                                                                     |                |
| <b>September</b> <i>Sep 21 Catechetical Sunday; Sept 28 Priesthood Sunday    Sept 29 St Michael, Gabriel &amp; Raphael, Archangels</i> |                                                                |               |                                                                                         |                                                                                                                                     |                |
| <b>7</b>                                                                                                                               |                                                                | <b>1</b>      | <b>"Why am I here?/ Intro to Chosen"</b>                                                |                                                                                                                                     |                |
| <b>14</b>                                                                                                                              |                                                                | <b>2</b>      | <b>"What makes me happy?"</b>                                                           |                                                                                                                                     |                |
| <b>21</b>                                                                                                                              | <b>No Class-Fall Break: Sept 21-27</b>                         |               |                                                                                         |                                                                                                                                     |                |
| <b>28</b>                                                                                                                              |                                                                | <b>10</b>     | <b>"Why tell my sins to a priest?"</b>                                                  |                                                                                                                                     |                |
| <b>October</b> <i>Month of the Rosary    Oct 5 Respect Life Sunday; Oct 7 Feast of Our Lady of the Rosary</i>                          |                                                                |               |                                                                                         |                                                                                                                                     |                |
| <b>4</b>                                                                                                                               | <b>Confirmation Prep YR1 Retreat 7:45am-Vigil Mass</b>         |               |                                                                                         |                                                                                                                                     |                |
| <b>5</b>                                                                                                                               |                                                                | *             | <b>Retreat Follow Up</b>                                                                |                                                                                                                                     |                |
| <b>12</b>                                                                                                                              |                                                                | <b>3</b>      | <b>"What's your story, God?"</b>                                                        |                                                                                                                                     |                |
| <b>19</b>                                                                                                                              |                                                                | <b>4</b>      | <b>"How do I know God is real?"</b>                                                     |                                                                                                                                     |                |
| <b>26</b>                                                                                                                              |                                                                | <b>5</b>      | <b>"Who is Jesus?"</b>                                                                  |                                                                                                                                     |                |
| <b>November</b> <i>Nov 1 All Saints, Nov 2 All Souls</i>                                                                               |                                                                |               |                                                                                         |                                                                                                                                     |                |
| <b>2</b>                                                                                                                               |                                                                | *             | <b>Adoration: Lesson Plan Provided</b>                                                  | <b>Sponsor Certification Form Due</b>                                                                                               |                |
| <b>9</b>                                                                                                                               |                                                                | <b>6</b>      | <b>"Why be Catholic?"</b>                                                               |                                                                                                                                     |                |
| <b>16</b>                                                                                                                              |                                                                | *             | Courageous Witnesses: the Saints                                                        | Thanksgiving baskets-service opp                                                                                                    |                |
| <b>23</b>                                                                                                                              | <b>NO CLASS- Thanksgiving Break: Nov 23-Nov 30</b>             |               |                                                                                         |                                                                                                                                     |                |
| <b>30</b>                                                                                                                              | <b>NO CLASS- Thanksgiving Break: Nov 23-Nov 30</b>             |               |                                                                                         |                                                                                                                                     |                |
| <b>December</b> <i>Advent 11/30-12/24      Dec 6 St. Nicholas; Dec 8 Immaculate Conception;</i>                                        |                                                                |               |                                                                                         |                                                                                                                                     |                |
| <b>7</b>                                                                                                                               |                                                                | *             | Advent: lesson plan provided                                                            |                                                                                                                                     |                |
| <b>14</b>                                                                                                                              |                                                                | *             | <b>Bible Basics 1</b>                                                                   |                                                                                                                                     |                |
| <b>21, 28</b>                                                                                                                          | <b>NO CLASS- Christmas Break ---Christmas Season 12/21-1/3</b> |               |                                                                                         |                                                                                                                                     |                |

| January  |                                     | Break: 12/21-1/4               |                                                                                                                                                                                                   | Jan 6 The Epiphany of the Lord/Jan 11 Baptism of the Lord |                                   |
|----------|-------------------------------------|--------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|-----------------------------------|
| 4        |                                     | *                              | LADIES' VIRTUS taught by catechists/Catch-up for previous chapters.<br>MEN's VIRTUS taught by catechists/Catch-up for previous chapters.<br>VIRTUS combined lessons 1 & 2 <b>Saint Report Due</b> |                                                           |                                   |
| 11       |                                     | *                              | TB/TS 1 True Beauty/True Strength                                                                                                                                                                 |                                                           |                                   |
| 18       |                                     | *                              | TB/TS 2 True Beauty/True Strength                                                                                                                                                                 |                                                           |                                   |
| 25       |                                     | *                              | TB/TS 3 True Beauty/True Strength                                                                                                                                                                 |                                                           |                                   |
| February |                                     |                                |                                                                                                                                                                                                   |                                                           |                                   |
| 1        |                                     | *                              | TB/TS 4 True Beauty/True Strength                                                                                                                                                                 |                                                           |                                   |
| 8        |                                     | *                              | Confirmation Competition                                                                                                                                                                          |                                                           |                                   |
| 15       | NO CLASS - Winter Break : Feb 15-21 |                                |                                                                                                                                                                                                   |                                                           |                                   |
| 22       |                                     | *                              | Respect Life - Abortion Part 1                                                                                                                                                                    |                                                           |                                   |
| March    |                                     | Lent/ March 5 - Ash Wednesday  |                                                                                                                                                                                                   |                                                           | Stations of the Cross During Lent |
| 1        |                                     | *                              | Respect Life - Abortion Part 2                                                                                                                                                                    |                                                           |                                   |
| 8        |                                     | 7                              | "Where am I going?"                                                                                                                                                                               |                                                           |                                   |
| 15       |                                     | 8                              | "How do I get there?/Sacraments"                                                                                                                                                                  |                                                           |                                   |
| 22       |                                     | 9                              | "When did my journey begin?"/Baptism                                                                                                                                                              |                                                           |                                   |
| 29       | NO CLASS - Holy Week                |                                |                                                                                                                                                                                                   |                                                           |                                   |
| April    |                                     | Lent/Holy Week: Mar 29 - Apr 5 |                                                                                                                                                                                                   |                                                           | 4/12 Divine Mercy Sunday          |
| 5        | NO CLASS - Palm Sunday              |                                |                                                                                                                                                                                                   |                                                           |                                   |
| 12       |                                     | 11                             | "How does God help when it hurts?"                                                                                                                                                                |                                                           |                                   |
| 19       |                                     | *                              | Present Saint Reports                                                                                                                                                                             |                                                           | Lectio Divina                     |
| 26       |                                     | *                              | Confirmation Competition                                                                                                                                                                          |                                                           |                                   |
| May      |                                     |                                |                                                                                                                                                                                                   |                                                           |                                   |
| 3        | Last Class                          | *                              | Summer Spiritual Workout & Challenge - End of Year Celebration                                                                                                                                    |                                                           |                                   |

| CONF PREP 1                                                                                                                     |                                                         | 6/23/2025 | LESSON SEQUENCE- <u>Candidate</u>                                                       |                                                                                                                                     | 2025-26                                                  |
|---------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------|-----------|-----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| Wednesday                                                                                                                       |                                                         |           | * = CLASS, but No lesson assigned;review or catch-up or liturgical year activities,etc. |                                                                                                                                     |                                                          |
| Date                                                                                                                            |                                                         | LESSON    | CP YR1- Lessons 1-11                                                                    |                                                                                                                                     |                                                          |
| August                                                                                                                          |                                                         |           |                                                                                         |                                                                                                                                     |                                                          |
| 20                                                                                                                              | 1st Class                                               | *         | "IGNITE"---meet in Family Center (don't meet in classroom)                              |                                                                                                                                     |                                                          |
| 27                                                                                                                              |                                                         | *         | "Getting to Know You Lesson Plan"                                                       |                                                                                                                                     |                                                          |
| September <i>Sep 21 Catechetical Sunday; Sept 28 Priesthood Sunday    Sept 29 St Michael, Gabriel &amp; Raphael, Archangels</i> |                                                         |           |                                                                                         |                                                                                                                                     |                                                          |
| 3                                                                                                                               |                                                         | 1         | "Why am I here?/ Intro to Chosen"                                                       | Parent Meeting during class in Family Center in English; Parent meeting in Spanish on Thursday, September 4th from 6:30pm to 8:00pm |                                                          |
| 10                                                                                                                              |                                                         | 2         | "What makes me happy?"                                                                  |                                                                                                                                     |                                                          |
| 17                                                                                                                              |                                                         | 3         | "What's your story, God?"                                                               |                                                                                                                                     |                                                          |
| 24                                                                                                                              | No Class-Fall Break: Sept 21-27                         |           |                                                                                         |                                                                                                                                     |                                                          |
| October <i>Month of the Rosary    Oct 5 Respect Life Sunday; Oct 7 Feast of Our Lady of the Rosary</i>                          |                                                         |           |                                                                                         |                                                                                                                                     |                                                          |
| 1                                                                                                                               |                                                         | 10        | "Why tell my sins to a priest?"                                                         |                                                                                                                                     |                                                          |
| 4                                                                                                                               | Confirmation Prep YR1 Retreat 7:45am-Vigil Mass         |           |                                                                                         |                                                                                                                                     |                                                          |
| 8                                                                                                                               |                                                         | *         | Retreat Follow up                                                                       |                                                                                                                                     |                                                          |
| 15                                                                                                                              |                                                         | 4         | "How do I know God is real?"                                                            |                                                                                                                                     |                                                          |
| 22                                                                                                                              |                                                         | 5         | "Who is Jesus?"                                                                         |                                                                                                                                     |                                                          |
| 29                                                                                                                              |                                                         | 6         | "Why be Catholic?"                                                                      | Sponsor Certification Form Due                                                                                                      |                                                          |
| November <i>Nov 1 All Saints, Nov 2 All Souls</i>                                                                               |                                                         |           |                                                                                         |                                                                                                                                     |                                                          |
| 5                                                                                                                               |                                                         | *         | Adoration: Lesson Plan                                                                  |                                                                                                                                     |                                                          |
| 12                                                                                                                              |                                                         | *         | Advent: Lesson Plan                                                                     |                                                                                                                                     | Thanksgiving baskets-service opp- see flyer for details. |
| 19                                                                                                                              |                                                         | *         | TB/TS 1 True Beauty/True Strength                                                       |                                                                                                                                     |                                                          |
| 26                                                                                                                              | NO CLASS- Thanksgiving Break: Nov 23-30                 |           |                                                                                         |                                                                                                                                     |                                                          |
| December <i>Dec 6 St. Nicholas; Dec 8 Immaculate Conception</i>                                                                 |                                                         |           |                                                                                         |                                                                                                                                     |                                                          |
| 3                                                                                                                               |                                                         | *         | TB/TS 2 True Beauty/True Strength                                                       |                                                                                                                                     |                                                          |
| 10                                                                                                                              |                                                         | *         | TB/TS 3 True Beauty/True Strength                                                       |                                                                                                                                     |                                                          |
| 17                                                                                                                              |                                                         | *         | TB/TS 4 True Beauty/True Strength                                                       |                                                                                                                                     |                                                          |
| 24                                                                                                                              | NO CLASS- Christmas Break ---Christmas Season 12/21-1/3 |           |                                                                                         |                                                                                                                                     |                                                          |
| 31                                                                                                                              | NO CLASS- Christmas Break ---Christmas Season 12/21-1/3 |           |                                                                                         |                                                                                                                                     |                                                          |

| January  |                                                       | Break: 12/21-1/3                   |                                                                                                                                                                                                     | Jan 6 The Epiphany of the Lord/Jan 11 Baptism of the Lord |  |
|----------|-------------------------------------------------------|------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|--|
| 7        |                                                       | *                                  | LADIES' VIRTUS taught by catechists/Catch-up for previous chapters.<br>MEN's VIRTUS taught by catechists/Catch-up for previous chapters.<br>VIRTUS: combined lessons 1 & 2. <b>Saint Report Due</b> |                                                           |  |
| 14       |                                                       | *                                  | Courageous Witnesses: the Saints      Thanksgiving baskets-service opp-see flyer for details.                                                                                                       |                                                           |  |
| 21       |                                                       | 7                                  | "Where am I going?"                                                                                                                                                                                 |                                                           |  |
| 28       |                                                       | 8                                  | "How do I get there?/Sacraments"                                                                                                                                                                    |                                                           |  |
| February |                                                       |                                    |                                                                                                                                                                                                     |                                                           |  |
| 4        |                                                       | *                                  | Confirmation Competition                                                                                                                                                                            |                                                           |  |
| 11       |                                                       | *                                  | Respect Life - Abortion Part 1                                                                                                                                                                      |                                                           |  |
| 18       | NO CLASS - Ash Wednesday and Winter Break : Feb 14-22 |                                    |                                                                                                                                                                                                     |                                                           |  |
| 25       |                                                       | *                                  | Respect Life - Abortion Part 2                                                                                                                                                                      |                                                           |  |
| March    |                                                       | Stations of the Cross During Lent  |                                                                                                                                                                                                     |                                                           |  |
| 4        |                                                       | 9                                  | "When did my journey begin?"/Baptism                                                                                                                                                                |                                                           |  |
| 11       |                                                       | 11                                 | "How does God help when it hurts?"                                                                                                                                                                  |                                                           |  |
| 18       |                                                       | *                                  | Lenten Prayers and Practices - Stations of the Cross                                                                                                                                                |                                                           |  |
| 25       |                                                       | *                                  | Bible Basics 1                                                                                                                                                                                      |                                                           |  |
| April    |                                                       | Lent/Holy Week: March 29 - April 5 |                                                                                                                                                                                                     | 4/12 Divine Mercy Sunday                                  |  |
| 1        | NO CLASS - Holy Week                                  |                                    |                                                                                                                                                                                                     |                                                           |  |
| 8        | NO CLASS - Spring break                               |                                    |                                                                                                                                                                                                     |                                                           |  |
| 15       |                                                       | *                                  | Present Saint Reports                                                                                                                                                                               | Lectio Divina- lesson plan provided                       |  |
| 22       |                                                       | *                                  | Holy Orders Lesson Plan                                                                                                                                                                             | Confirmation Competition - Sunday, April 26 at 3:45pm     |  |
| 29       |                                                       | *                                  | Open Class                                                                                                                                                                                          |                                                           |  |
| May      |                                                       |                                    |                                                                                                                                                                                                     |                                                           |  |
| 7        | Last Class                                            | *                                  | Individual group: Summer Spiritual Workout & Challenge-End of Year celebration in your own group; Pray the rosary together.                                                                         |                                                           |  |

